



# Creative Actions Yoga

732-887-2150 ~ 5753 Nor-Bath Blvd, Bath, Pa 18014



## 200 Hour Yoga Teacher Training Application

Name		
Gender	Birthday	
Email Address		
Mobile Phone		
Do you currently practice yoga?		If so, how often, what style, and where:
Why did you start practicing yoga?		
Have you ever taken a ytt?		If so, with whom, what style, and when:
Do you currently teach yoga?		If so, for how long, where, and what style:
What injuries or medical conditions do you have?		
Why do you want to take this teacher training program and what do you hope to accomplish?		
<p>You must take a yoga practice with Denise Garcia Brady prior to submitting your application and fee of \$15. Your application fee is non-refundable. Please make the teacher aware prior to practice that you are thinking of joining the teacher training program.</p> <p>The cost of the program is:  \$2,500 early bird discount up to 6 months prior to the start date (March 15),  \$2,750 up to four months prior to the start date (May 15),  \$3,000 there after.</p> <p>A \$500 non-refundable deposit is required to hold your place in the program.</p> <p>The balance can then be paid in full or through a monthly payment plan. Contact Denise to set up a payment plan.</p> <p>(Please note, all credit cards will have a fee and any returned checks will result in a \$30 additional charge)</p>		
<p>The program consists of:</p> <ul style="list-style-type: none"> <li>- Friday evenings 6 - 7pm,</li> <li>- (1) Weekend a month  Friday 7 - 9pm, Saturday 11am - 9pm, Sunday 11am to 8pm  (See brochure for actual dates),</li> <li>- An optional practice, once a week, from September 1 to May 10 with Denise</li> <li>- Homework to be done at home.</li> </ul> <p>You will receive a binder at the Welcome Night.</p> <p>The following books are required and are to be purchased on your own in whichever format you prefer:</p> <ul style="list-style-type: none"> <li>- Yoga Sutras of Patanjali by Mukunda Stiles</li> <li>- Yoga Anatomy by Leslie Kaminoff</li> <li>- The Wisdom of Yoga by Stephen Cope</li> </ul> <p>You will be notified in regards to your acceptance within 2 weeks.</p>		
By signing below you agree to the terms of the Creative Actions Yoga YTT Program.		
Signature		
Date		